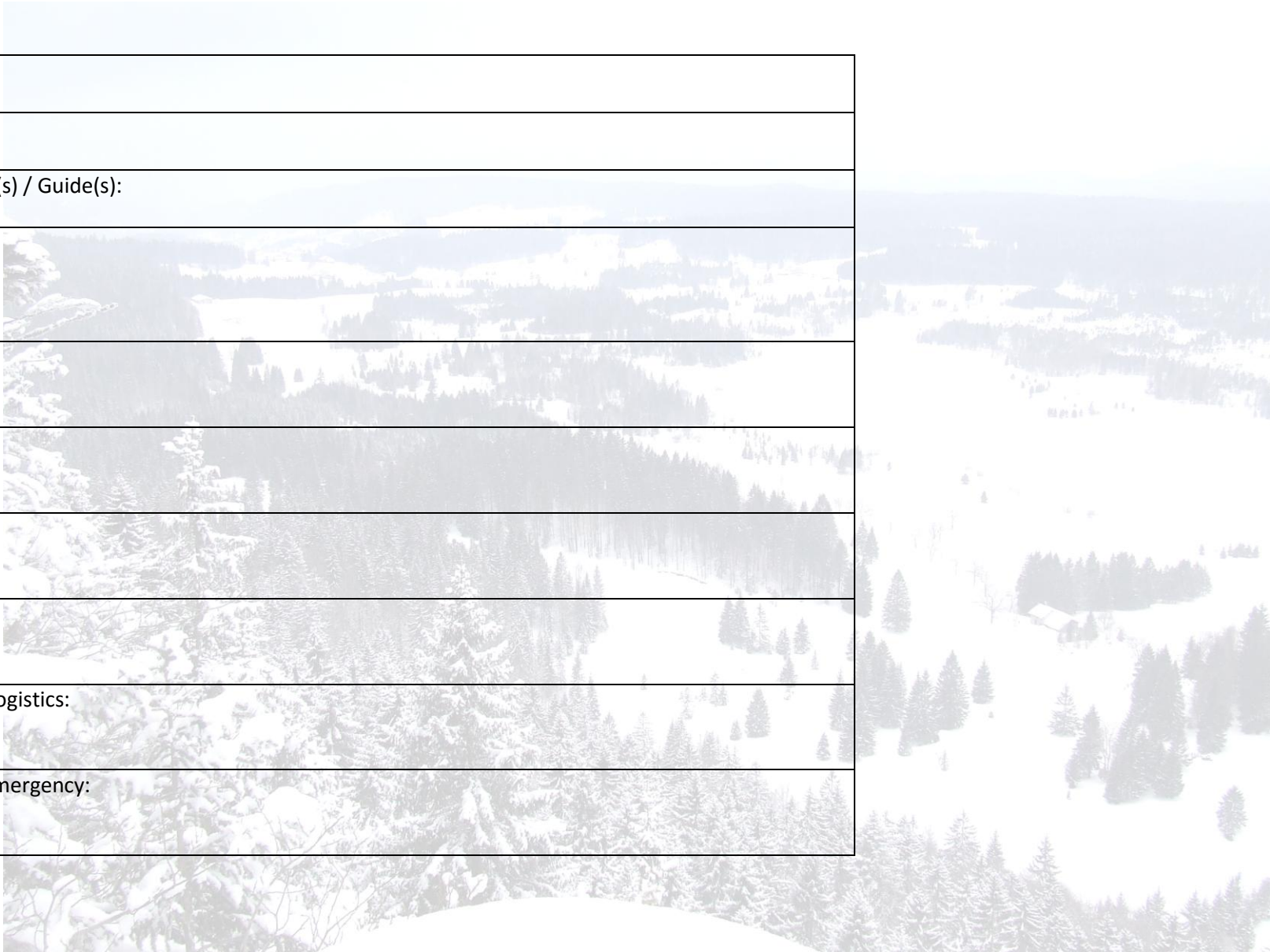


Voshaar Outdoor & Education **Hiking & Backpacking Guide Logbook** Day trip / multiple daytrip

Name:	
Date(s):	
Instructor(s) / Guide(s):	
Group:	
Number:	
Location:	
Terrain:	
Activity:	
Remarks:	
Contacts logistics:	
Contact Emergency:	



METEO

Forecast		Reality	
Temperature:			
Precipitation:			
Wind:			
Sky / Clouds:			

NAVIGATION Preparation

Map number:	
Map name:	
Map scale:	

NAVIGATION Practicum

Base camp Location:	GPS coordinates:
Transportation (vehicle) Location:	GPS coordinates:

Voshaar Outdoor & Education **Hiking & Backpacking Guide Logbook** Day trip / multiple daytrip

Day	
Camp location	
Coordinates	
Distance	
Duration estimated	
Duration reality	
Elevation	
Start:	
Highest point:	
Lowest Point:	
Elevation gain :	
Elevation los:	
Closest fresh water source	
Remarks	

Voshaar Outdoor & Education **Hiking & Backpacking Guide Logbook** Day trip / multiple daytrip

Nutrition

Day	Morning	Afternoon	Evening

Personal fitness

Day	
EMI activity 1/10	
EMI rest 1/10	
Physical Shape 1/10	
Mental Shape 1/10	
Remarks	

Flora & Fauna

Plants

Species	Species	Species	Species	Species	Species

Voshaar Outdoor & Education **Hiking & Backpacking Guide Logbook** Day trip / multiple daytrip

Birds

Species	Species	Species	Species	Species	Species

Mammals (sightings / tracks & signs)

Species	Location	Species	Location	Species	Location



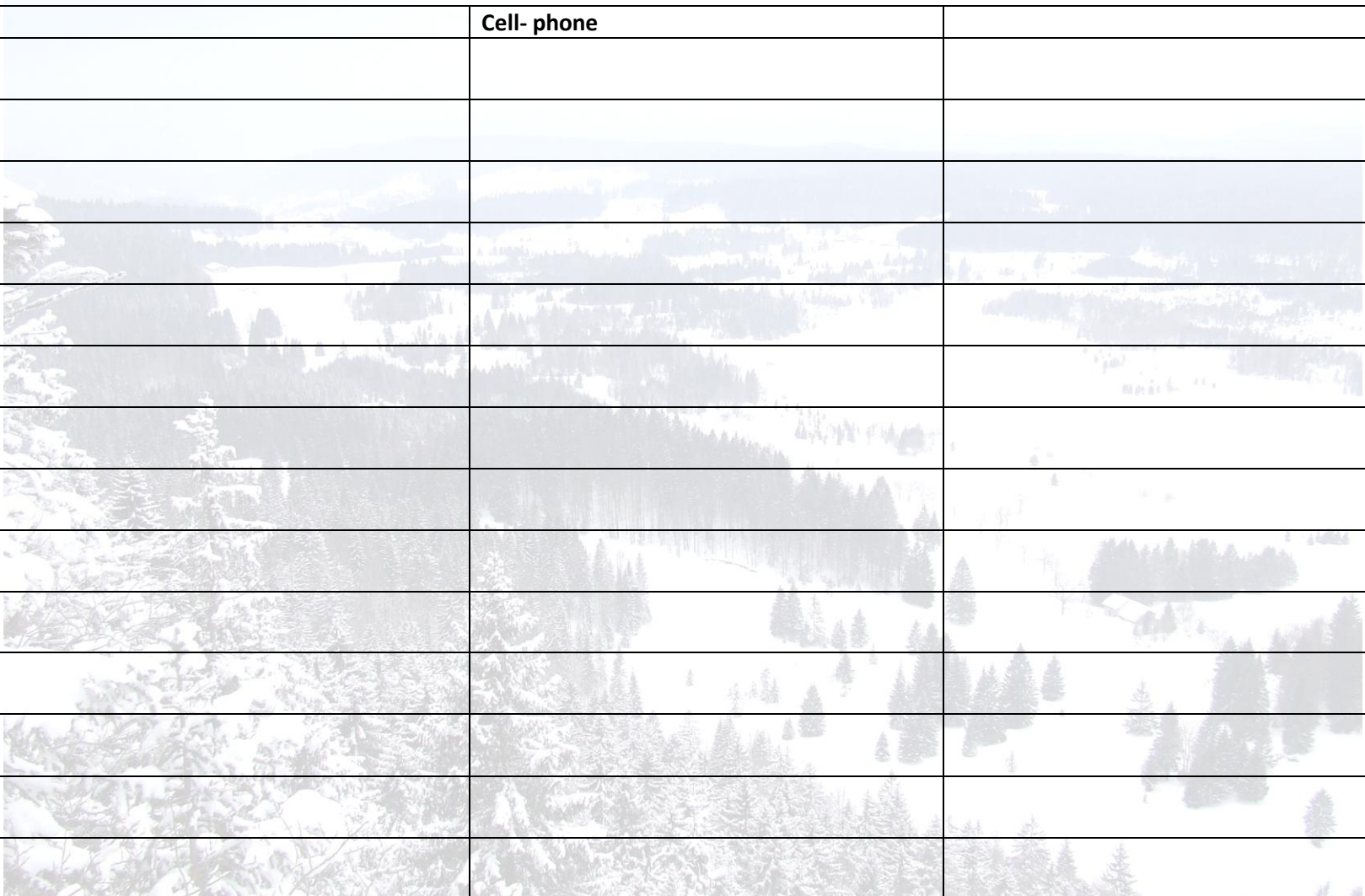
Techniques used



Equipment 1



Contacts Group



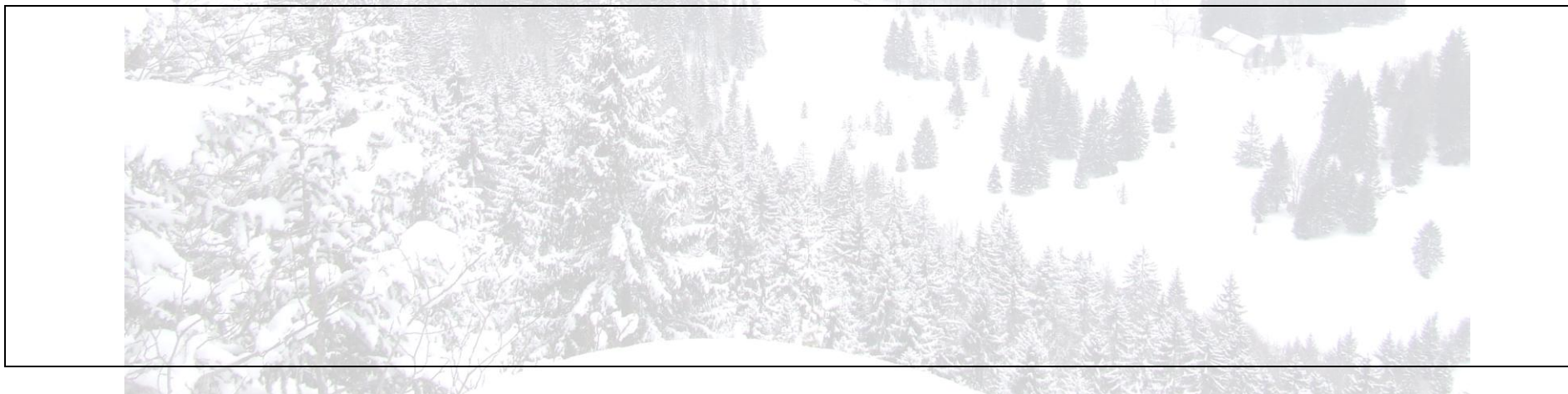
Name	Cell- phone	

SAFETY

Incidents / accidents





Safety Comments



Personal evaluation

Roles	
Responsibility	
Decisions	
Conflicts	
Personal aspects	
Group aspects	
Safety	
Feedback from instructor	

Feedback from group participants

<p>Positive</p> 	<p>Negative</p> 
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Notes:

