

MODULE: INTERMEDIATE PLANT MEDICINE COURSE (3 Day)	
Module Goal	To provide learners the understanding of plant medicine and how to use it in every day life as well as for wilderness first aid situations.
Objectives	<p>Learners will be able to:</p> <ul style="list-style-type: none"> <li>• Understand intermediate aspects on how plant medicine works</li> <li>• Learn about systemic herbs</li> <li>• Learn about synergistic herbs</li> <li>• Understand hepatic bypass and hepatoprotective plants</li> <li>• Learn basic phyto-pharmacology</li> <li>• Learn how to do basic assessments</li> <li>• Learn intermediate plant medicine on different body systems</li> <li>• Learn advanced techniques of making medicine</li> <li>• Understand plant based antivirals</li> <li>• Understand plant based antibiotics</li> <li>• Learn intermediate first aid techniques</li> </ul>
Topics and Sub-Topics	<ul style="list-style-type: none"> <li>• Intermediate Plant Medicine               <ul style="list-style-type: none"> <li>• Western medicine approach</li> <li>• Plant medicine approach</li> </ul> </li> <li>• Basic Phyto-Pharmacology               <ul style="list-style-type: none"> <li>• Basic Plant Properties                   <ul style="list-style-type: none"> <li>• Vulneraries</li> <li>• Mucelagenous</li> <li>• Chemical isolates</li> <li>• Channel of Elimination</li> <li>• Systemic herbs</li> <li>• Synergistic herbs</li> </ul> </li> </ul> </li> <li>• Administering Plant Medicine               <ul style="list-style-type: none"> <li>• Hepatic bypass</li> <li>• Hepatoprotection</li> </ul> </li> <li>• Mucosa and Submucosa</li> <li>• Basic assessments               <ul style="list-style-type: none"> <li>• SOAP Notes</li> <li>• Good questioning techniques</li> <li>• When in doubt</li> </ul> </li> <li>• Plant Based Antivirals</li> <li>• Plant Based Antibiotics</li> <li>• Intermediate Plant First Aid               <ul style="list-style-type: none"> <li>• Wilderness setting</li> <li>• Urban setting</li> </ul> </li> <li>• Respiratory               <ul style="list-style-type: none"> <li>• Hay Fever</li> <li>• Asthma</li> <li>• Allergies</li> <li>• Treating Symptoms                   <ul style="list-style-type: none"> <li>• Treatment matrix</li> </ul> </li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>• Supported systems</li> <li>• Burns           <ul style="list-style-type: none"> <li>• Partial thickness</li> <li>• Full thickness</li> <li>• Special considerations</li> </ul> </li> <li>• Infection           <ul style="list-style-type: none"> <li>• Severe</li> <li>• Internal care</li> </ul> </li> <li>• Intermediate Eye Care           <ul style="list-style-type: none"> <li>• Eye washes</li> <li>• Make a saline solution</li> </ul> </li> <li>• Ear Care</li> <li>• Intermediate Dental           <ul style="list-style-type: none"> <li>• Infection</li> <li>• Pain relief</li> <li>• Tooth sticks for deeper care</li> <li>• Tooth and gum washes for prevention</li> </ul> </li> <li>• Bone/Muscle/Joint           <ul style="list-style-type: none"> <li>• Bone breaks               <ul style="list-style-type: none"> <li>• Poultice</li> <li>• Liniment</li> <li>• Internal</li> </ul> </li> <li>• Controversial Information               <ul style="list-style-type: none"> <li>• Ice or not?</li> <li>• Splints and casting</li> </ul> </li> <li>• Traditional Cree method</li> </ul> </li> <li>• Digestive           <ul style="list-style-type: none"> <li>• Liver</li> <li>• Galbladder</li> <li>• Oral rehydration salts</li> </ul> </li> <li>• Kidney/Bladder</li> <li>• Cardiac system</li> <li>• Immune/Lymphatic</li> <li>• Nervous system</li> <li>• Endocrine system</li> <li>• Integumentary system</li> <li>• Making a Plant Based Home Medicine Kit</li> <li>• Intermediate and Advanced Medicine Making</li> <li>• Materia Medica</li> </ul>
Time	6 Hours per day estimated
Equipment	TBD