

## Information Canadian Wilderness and Guiding Skills 2018

1- Wilderness & Remote First Aid	April 5-6
2- Advanced Wilderness and Remote First Aid	April 5-9
3- IGA Apprentice Interpretive Guide	April 7-8
4- IGA Group management	April 9-10
*Plant Medicine (WL only) April 11	
5- Essential Wilderness Survival Skills- Short Term	April 12-13
6- Plant Medicine	April 12-13
7- Essential Wilderness Survival Skills Advanced	April 14-15
8- Plant Medicine Advanced	April 14-15

### Timetabel

- 1- \*Wilderness & Remote First Aid. Two days 09.00-17.00 / 18.00
- 2- Advanced Wilderness & Remote First Aid: Five days: 09.00-17.00 / 18.00
- 3- \*IGA Apprentice Interpretive Guide: Two days 09.00-17.00 Second day: Exam at 18.00
- 4- \*IGA Group management: Two days 09.00-17.00 Count on homework for the first evening.  
\*Plant Medicine (WL only) 13.00-16.30
- 5- \*Essential Wilderness Survival Skills – Short Term: Two Days: 09.00-17.00
- 6- Plant Medicine: Two days 09.30-17.00
- 7- Essential Wilderness Survival Skills Advanced: Saturday 09.30-17.30, Sunday 09.30-17.00
- 8- Plant Medicine Advanced: Two Days: 09.30-17.00

\*Wilderness leader program

Gear: Check the website for the program downloads.

<https://buitensportopleiding.nl/canadian-skills/>

For program 5 and 8 you will need a knife and a fire striker. An axe and/or saw would be handy as well. Make sure you have your own First Aid kit with all our programs. For program 6 and 8 you will need a minimum of 5 containers/jars to make your own medicine (jampots for example)

Other gear and overnights.

If you want you are welcome to camp at our location (no extra costs). Tent, caravan and/or camper. No electricity at the camping spot though. There is a fireplace you can use and a coffee machine, fridge and microwave.

Take care of your own food and drinks and make sure they are well stored because of our dogs 😊 Same for garbage. Make sure the garbage is gone at night.

There is also a bar at the location for some drinks. The bar is open in the evenings on Monday, Tuesday, Wednesday and Thursday from 19.30 till about midnight.

